LETTER

The *C. elegans* adult neuronal IIS/FOXO transcriptome reveals adult phenotype regulators

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Insulin/insulin-like growth factor signalling (IIS) is a critical regulator of an organism's most important biological decisions from growth, development, and metabolism to reproduction and longevity. It primarily does so through the activity of the DAF-16 transcription factor (forkhead box O (FOXO) homologue), whose global targets were identified in Caenorhabditis elegans using whole-worm transcriptional analyses more than a decade ago¹. IIS and FOXO also regulate important neuronal and adult behavioural phenotypes, such as the maintenance of memory² and axon regeneration³ with age, in both mammals⁴ and C. elegans, but the neuron-specific IIS/FOXO targets that regulate these functions are still unknown. By isolating adult C. elegans neurons for transcriptional profiling, we identified both the wild-type and IIS/FOXO mutant adult neuronal transcriptomes for the first time. IIS/FOXO neuron-specific targets are distinct from canonical IIS/FOXO-regulated longevity and metabolism targets, and are required for extended memory in IIS daf-2 mutants. The activity of the forkhead transcription factor FKH-9 in neurons is required for the ability of daf-2 mutants to regenerate axons with age, and its activity in non-neuronal tissues is required for the long lifespan of daf-2 mutants. Together, neuron-specific and canonical IIS/FOXO-regulated targets enable the coordinated extension of neuronal activities, metabolism, and longevity under low-insulin signalling conditions.

The C. elegans IIS pathway acts both cell autonomously and nonautonomously to control longevity, growth, dauer formation, metabolism, and reproduction⁵⁻⁷ through its regulation of the nuclear localization and transcriptional activation of DAF-16 (also known as FOXO). The canonical IIS/FOXO gene set, which identified primarily intestinal and hypodermal targets (Extended Data Fig. 1a, b)^{1,8,9}, has been instructive in our understanding of how insulin signalling regulates a diverse range of activities, including metabolism, autophagy, stress resistance, and proteostasis. However, IIS mutants also exhibit daf-16-dependent neuronal phenotypes, including extended positive olfactory learning², increased short- and long-term associative memory², increased thermotaxis learning¹⁰, improved neuronal morphology maintenance^{11,12}, and improved axon regeneration³. These phenotypes are unlikely to be regulated by the known intestinal and hypodermal IIS/FOXO targets^{1,8}. Therefore, to understand how IIS daf-2 mutant animals extend behavioural functionality, we must identify the neuronal targets of FOXO/DAF-16.

We first profiled the expression of *daf-16;daf-2* mutant worms with *daf-16* rescued in specific tissues⁶ (Supplementary Table 1). Intestinal *daf-16* rescue correlates best with whole-worm profiles (Extended Data Fig. 1a, c). By contrast, neuronal *daf-16* rescue profiles are anti-correlated with the intestinal DAF-16 and whole-worm profiles (Extended Data Fig. 1a, c). Surprisingly, many genes induced by neuronal DAF-16 rescue are expressed (WormBase) or predicted to be expressed in non-neuronal tissues¹³ (Extended Data Fig. 1d), and have non-neuronal functions (for example, collagens¹⁴; Extended

Data Fig. 1b, e, Supplementary Table 2). Thus, whole-worm transcriptional analyses of neuronally rescued DAF-16 failed to reveal targets that account for *daf-16*-dependent age-related behaviours of *daf-2* mutants. Therefore, we needed to specifically examine transcription in IIS-mutant neurons.

The tough outer cuticle prevents dissociation of adult tissues¹⁵, thus the wild-type adult neuronal transcriptome has not been described. To solve this problem, we used rapid, chilled chemomechanical disruption followed immediately by fluorescence-activated cell sorting (FACS) to isolate neurons marked with green fluorescent protein (GFP) from wild-type worms, then RNA-sequenced these isolated cells (Fig. 1a–c, Extended Data Fig. 2a–c, f, g, Supplementary Table 3). This method is gentle enough to preserve the integrity of cells and some neurites (Extended Data Fig. 2a), does not involve cell culturing before FACS, in contrast to previous methods¹⁶, and does not affect transcription (as shown by actinomycin D treatment; Fig. 1b, Extended Data Fig. 2d, e, Supplementary Table 4). Downsampling analysis showed that sufficient sequencing depth was achieved (Extended Data Fig. 2h).

We compared gene expression in isolated wild-type neurons with whole-worm expression to identify genes that are enriched in neurons (Fig. 1a–c). Of the 1,507 'neuron-enriched' genes (false discovery rate (FDR) < 0.1; Supplementary Table 3; Fig. 1a, b), only 4% have previously described expression patterns exclusively in nonneuronal tissues, and 'Neuron' is the only significantly enriched tissue (Fig. 1c, Extended Data Fig. 2f), indicating that the method is highly selective for neuronal transcripts. Gene promoter–GFP tests of previously uncharacterized genes from our neuron-enriched list confirmed neuronal expression, with no bias for particular neuron types (Extended Data Fig. 3a). We also detected genes previously reported to be expressed only in single neurons or small subsets of neurons, including glr-3 (in the RIA neuron), ttx-3 (interneuron AIY/AIA) and npr-14 (neuron AIY) (WormBase).

The wild-type neuron-enriched set includes synaptic machinery, ion channels, neurotransmitters, and signalling components (Supplementary Table 3), as well as >700 previously uncharacterized genes; these genes are predicted to have 'neuronal'-like character and function (Fig. 1d). Comparison of the wild-type embryonic and larval neuronal transcriptomes with the adult neuronal transcriptome at the same FDR revealed a shift in functional categories from developmental processes to neuronal function/behaviour in the adult neuronal transcriptome (Fig. 1e, Extended Data Fig. 3b, c, Supplementary Table 5), suggesting that previous isolation methods¹⁶, either due to early developmental stage isolation or to re-culturing, biased expression towards developmental genes rather than neuronal/behavioural genes.

To identify adult neuronal IIS/FOXO targets, we sequenced RNA from isolated *daf-2* and *daf-16;daf-2* mutant neurons on day 1 of adulthood (Fig. 2a, Extended Data Fig. 4, Supplementary Table 6, 8). The IIS/FOXO neuron-isolated gene set is enriched for neuronal expression: 86% and 92% of the up- and downregulated genes, respectively, are expressed in wild-type neurons. While several top Class I gene

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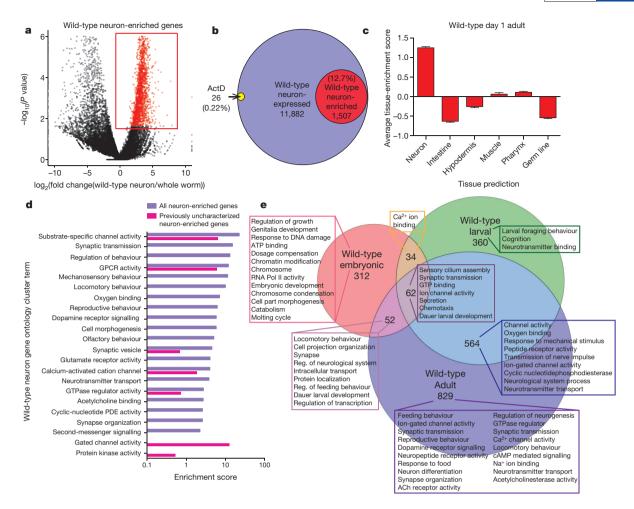


Figure 1 | **Identification of neuronal IIS/FOXO targets requires neuronal isolation. a**, Volcano plot of neuron-expressed relative to whole-worm-expressed genes obtained by neuron-specific RNA sequencing of adult wild-type animals. N=3 biological replicates (wild-type neurons) and 2 biological replicates (whole worm). b, Neuron-expressed and -enriched genes are not influenced by cell isolation: treatment with the transcription inhibitor actinomycin D affected only 0.22% of all neuronal genes

targets of DAF-16, including *hil-1*, *sip-1*, *mtl-1*, *ins-6*, and *daf-16* itself, were upregulated in both *daf-2* mutant neurons and *daf-2* mutant whole worms (Group B; Fig. 2b), most of the IIS/FOXO neuronally regulated set differs from the canonical whole-worm IIS/FOXOs set^{1,8} (Fig. 2b). Specifically, in contrast to the metabolism-dominated functions of canonical whole-worm IIS/FOXO targets^{1,8}, the neuronal IIS set gene ontology terms reflect neuron-like functions (Extended Data Fig. 5b): serpentine receptors, G protein-coupled receptors, syntaxin, globins, kinesins, insulins, ion channels, potassium channels, seven-transmembrane receptors, the NPR-1 neuropeptide receptor, and the SER-3 octopamine receptor are upregulated in *daf-2* neurons (Supplementary Table 6). A few genes (*fat-3* and *crh-1*, a CREB homologue) are upregulated in *daf-2* neurons but downregulated in whole *daf-2* animals.

The IIS/FOXO downregulated set includes serpentine receptors, guanylate cyclases, signalling peptides and receptors (neuropeptide-like proteins, FMRF-like peptides and neuropeptides), and the vesicle trafficking G protein *rab-28* (Supplementary Table 6). Expression of the sensory neuron cilia protein IFTA-2, which co-localizes with DAF-2 and whose loss increases lifespan¹⁷, is downregulated in *daf-2* mutants, consistent with the longevity of *daf-2* and ciliated sensory neuron mutants¹⁸. Similarly, *sams-1* (S-adenosyl methionine synthetase), which is downregulated under long-lived dietary restriction conditions¹⁹, and *sma-5* and *dbl-1*, components of TGF-beta pathways

(Supplementary Table 4). c, Tissue expression prediction of wild-type adult neuron-enriched genes. Mean \pm s.e.m. d, GO terms highlight the neuronal characteristics of both all and previously uncharacterized neuron-enriched genes. e, Embryonic 16 , larval 16 and adult neuron-enriched genes and significant GO terms transition from developmental to neuronal and behavioural functions (Supplementary Table 5); FDR <10% for all gene sets.

linked with IIS^{7,20}, are downregulated, perhaps coordinating the longevity and reproductive output of these pathways.

Unlike canonical IIS/FOXO targets¹, neuronal IIS/FOXO gene promoters are not enriched for the DBE (DAF-16 binding element, GTAAAt/cA), but the overlapping, upregulated (Group B) targets' promoters contain twice as many DBEs (Extended Data Fig. 5a). The overlapping downregulated (Group F) targets are enriched for the PQM-1/DAE motif (CTTATCA, see refs 1, 8; Supplementary Table 7). DAF-16 may regulate neuronal activities indirectly through activation of ~60 IIS/FOXO-upregulated transcription factors (Supplementary Table 6).

We next tested the roles of top-scoring genes in *daf-2*-regulated neuronal phenotypes. Long-term and short-term associative memory are both extended in *daf-2* mutants in a *daf-16*-dependent manner² (Extended Data Fig. 6). The bZIP transcription factor CREB, which is required for long-term memory in many organisms, including *C. elegans*², is upregulated by IIS/FOXO in neurons (Supplementary Table 6), correlating with the increased long-term memory of *daf-2* mutants^{2,21}. However, short-term associative memory (STAM; Fig. 2c) is CREB-independent², and the genes that enable STAM extension in *daf-2* mutants are unknown. While the DAF-16 non-neuronal target *sod-3* had no effect on the extended STAM of *daf-2* mutants (Fig. 2c, Extended Data Fig. 6b–d), knockdown of 8 of the 10 top-ranked, upregulated IIS/FOXO targets significantly decreased the STAM of

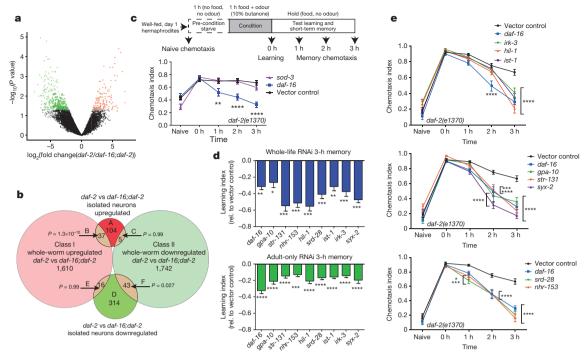


Figure 2 | RNA-seq transcriptional profile of isolated neurons reveals IIS/FOXO neuronal transcriptome. a, Volcano plot of daf-2-regulated, daf-16-dependent up- (red) and downregulated (green) neuronal genes (P<0.05, N=4 biological replicates per strain). b, Comparison of whole-worm (Class I) 8 vs neuronal-IIS/FOXO targets. P values: hypergeometric distributions. \mathbf{c} - \mathbf{e} , Short-term associative memory (STAM) assays. \mathbf{c} , Schematic of STAM assay and chemotaxis profiles of daf-2 treated with sod-3 (\mathbf{c}) or neuronal

IIS/FOXO target gene RNAi (**d**, **e**). **d**, Learning indices relative to control RNAi at 3 h post-training of *daf-2* treated with adult-only (green) or whole-life (blue) neuronal IIS/FOXO target gene RNAi. Mean \pm s.e.m., *P < 0.05, **P < 0.01, ***P < 0.001, ***P < 0.001, two-way repeated measures ANOVA, Bonferroni post hoc tests. At least 3 biological replicates were performed for all STAM assays.

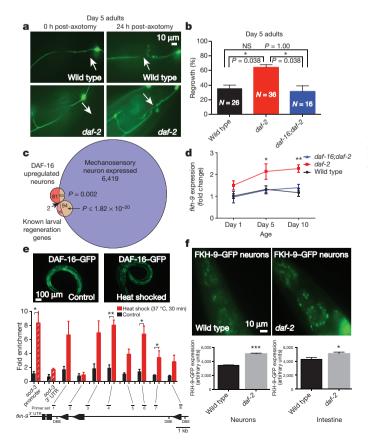


Figure 3 | FKH-9 is a direct target of DAF-16 and is expressed in mechanosensory neurons. a, b, daf-16 is required for enhanced day 5 axon regeneration in *daf-2* mutants, mean \pm s.e.m., *P < 0.05, Fisher's exact test, N = 26 (wild-type), 36 (daf-2) and 16 (daf-16;daf-2), 2 biological replicates. c, Known larval regeneration genes are significantly enriched in the day 1 adult mechanosensory transcriptome. 63 genes are both DAF-16 targets and expressed in mechanosensory neurons (FDR < 5%; 3 biological replicates). **d**, *fkh-9* messenger RNA levels are higher in aged daf-2 compared to wild type in a daf-16-dependent manner. N=4 biological replicates, two-way ANOVA, Bonferroni post hoc tests. e, Chromatin immunoprecipitation of DAF-16-GFP worms with and without heat shock, which mobilizes DAF-16 into the nucleus. DAF-16 binds to the sod-3 promoter but not its 3' UTR, and to the fkh-9 promoter at multiple locations (Extended Data Fig. 8). Fold enrichment relative to wild-type (not expressing DAF-16-GFP) is shown (mean \pm s.e.m., two-tailed *t*-test, N=3 biological replicates). f, Neuronal FKH-9–GFP (fkh-9p::fkh-9::gfp) expression in daf-2 compared to wild type. N=25animals. Mean \pm s.e.m., two-tailed *t*-test. **d**-**f**, **P* < 0.05, ***P* < 0.01, ***P < 0.001.

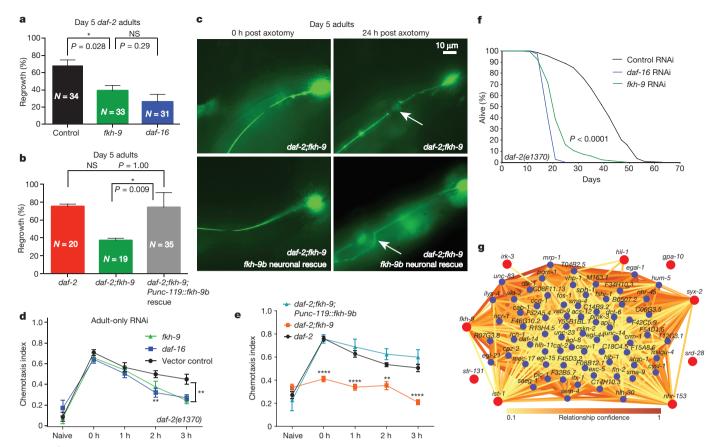


Figure 4 | FKH-9 is required for improved axon regeneration, short-term associative memory and lifespan in daf-2 mutants. a, fkh-9 knockdown reduces axon regeneration of day 5 daf-2 mutants, as does daf-16 knockdown. Mean \pm s.e.m., *P < 0.05, Fisher's exact test, N = 34 (control), 33 (fkh-9) and 31 (daf-16), 4 biological replicates. b, c, Neuronally-expressed fkh-9 rescues day 5 axon regeneration in daf-2; fkh-9 mutants. Mean \pm s.e.m., *P < 0.05, Fisher's exact test, N = 20 (daf-2), 19 (daf-2; fkh-9) and 35 (daf-2; fkh-9; Punc-119::fkh-9B, 2 biological replicates. d, fkh-9 is required for enhanced memory in adultonly RNAi-treated daf-2 mutant worms. e, Neuronally-expressed fkh-9

rescues extended STAM in daf-2;fkh-9 mutants with defective learning and memory. Mean \pm s.e.m., **P<0.01, ****P<0.001, ****P<0.0001, two-way repeated measures ANOVA, Bonferroni post hoc tests. \mathbf{f} , Adult-specific fkh-9 RNAi treatment reduces daf-2 mutant lifespan. Median lifespan: control RNAi 42 days, fkh-9 RNAi 21 days, daf-16 RNAi 21 days. P<0.0001 for control RNAi vs daf-16 RNAi and control vs fkh-9 RNAi, log-rank test. N=144 worms per strain. \mathbf{g} , Integrative Multi-species Prediction (IMP; see ref. 30) network analysis of DAF-16 neuronal target genes with STAM phenotypes (red circles).

daf-2(e1370) (Fig. 2d, e), both in whole-life and adult-only RNA interference (RNAi) tests. (Neuronal RNAi is effective in learning, STAM, and LTAM tests²¹.) The variety of genes (ion channels, transcription factors, G-proteins, vesicle fusion proteins) required for daf-2 mutants' extended STAM suggests that decreased insulin signalling affects a broad network of memory extension genes. Several of these genes are also required for learning and memory in wild type (Extended Data Fig. 6g), suggesting that daf-2 mutants maintain neuronal function, rather than using an alternative short-term memory mechanism.

daf-2 mutants also maintain motor neuron axon regeneration ability with age in a daf-16-dependent manner³, and we found this is also true for mechanosensory neurons (Fig. 3a, b, Extended Data Fig. 7a-d). To identify factors that enable axon regeneration with age, we isolated and RNA-sequenced six adult mechanosensory neurons (Fig. 3c, Supplementary Table 9); this set includes 94 known larval regeneration genes from limited candidate screens²² ($P \le 1.82 \times 10^{-20}$). To find daf-2/daf-16-dependent axon regeneration candidates, we identified mechanosensory genes that are also regulated by neuronal IIS/FOXO (Fig. 3c, Supplementary Table 9; P < 0.002). The forkhead transcription factor FKH-9 is a neuronal IIS/FOXO target (Supplementary Table 6) and a canonical Class I target¹, and is expressed in mechanosensory neurons (Supplementary Table 9). The fkh-9 promoter is occupied by DAF-16, which we confirmed by chromatin immunoprecipitation followed by quantitative PCR (ChIP-qPCR; Fig. 3e, Extended Data Fig. 8a, b). FKH-9-GFP localized to nuclei, and neurons were the primary site of differential FKH-9–GFP levels in *daf-2* mutants (Fig. 3f, Extended Data Fig. 8c), all suggesting a role for FKH-9 in *daf-2/daf-16*-mediated neuronal function.

While there is no effect on the first day of adulthood (Extended Data Fig. 7e, f), loss of *fkh-9* severely impairs axon regeneration ability in aged (day 5) *daf-2* mutants (Fig. 4a), correlating with an increased difference in *fkh-9* expression levels between wild-type and *daf-2* (Fig. 3d). Pan-neuronal *fkh-9* expression rescues the ability of day 5 *daf-2;fkh-9* worms to regenerate PLM axons (Fig. 4b, c). *fkh-9* levels are critical for neuron morphology, as *fkh-9* neuronal overexpression causes axonal defects (Extended Data Fig. 7g).

Adult-specific and whole-life reduction of *fkh-9* also severely impaired extended STAM of *daf-2* mutants (Fig. 4d, Extended Data Fig. 9). *daf-2;fkh-9* double mutants were defective in both STAM and learning, and neuronal *fkh-9* expression rescued these defects (Fig. 4e, Extended Data Fig. 9d, e), suggesting that *fkh-9* is required for extended memory and normal neuronal development in *daf-2* mutants. Day 1 and 5 *fkh-9* expression levels correlated with STAM and axon regeneration (Fig. 3d). *fkh-9* reduction delayed development, and reduction during adulthood caused severe matricide (Extended Data Fig. 10a–c). *fkh-9* knockdown in adult *daf-2* worms treated with FUdR (5-fluoro-2'- deoxyuridine) to block matricide²⁰ significantly shortened lifespan (40–50%; Fig. 4f). Pan-neuronal *fkh-9* expression did not rescue lifespan (Extended Data Fig. 10d), suggesting that FKH-9 acts in non-neuronal tissues to regulate lifespan.

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Thus, IIS/FOXO-regulated FKH-9 function is important for both neuronal and non-neuronal growth and development, as well as adult memory and axon regeneration. Interestingly, the FKH-9 mammalian homologue FOXG1 is required for axon outgrowth²³ and is the most highly-induced gene in spinal cords treated with radial glial cell transplant following spinal cord injury²⁴.

Network analysis using fkh-9 and the other 8 neuronal DAF-16 STAM genes (Fig. 4g, Supplementary Table 10) identified *casy-1*, which is required for several forms of associative learning and memory^{2,25-27}, apl-1, the C. elegans orthologue of amyloid precursor protein (APP) that can disrupt sensory plasticity²⁸, and dlk-1, the only previously known regulator of age-dependent axon regeneration^{3,29}. Additionally, genes involved in neuronal degeneration (mec-17), neuronal development (egl-44, sem-4), neuronal function (egl-21, rcn-1, vab-9, cysl-1), synaptic regulation and function (cab-1, hlb-1, magu-4, sph-1, unc-64), and axon outgrowth (unc-14) and regeneration (egl-8, fos-1, pmk-3), were connected to the STAM genes. PQM-1 (ref. 8), whose motif (DAE) is overrepresented in neuronal IIS target promoters, and other IIS (akt-2, dct-6, hlh-30), TGF- β (daf-14, sma-4, crm-1, sma-9, sma-1, sta-1), and MAPK pathway (vhp-1, pmk-3) components emerged in the network. Transcriptional regulation by IIS/FOXO and its targets may lead to broader, indirect transcriptional and nontranscriptional regulation of genes with important neuronal functions.

Plasticity in development, reproduction and longevity allows organisms to respond appropriately to nutrient availability and changes in their environment. The IIS pathway is a critical mediator of these decisions, with FOXO selecting transcriptional targets to execute specific biochemical functions in each tissue, including factors that maintain cognitive function with age. *daf-2* mutant worms maintain neuronal behaviours with age by using a set of transcriptional targets that are distinct from previously identified metabolic and stress resistance targets expressed in other tissues. These genes may regulate additional neuronal targets through non-transcriptional mechanisms (Fig. 4g). The regulation of tissue-specific transcriptional programs is important to coordinate phenotypic responses, extending neuronal abilities in concert with the extended longevity and reproductive span of *daf-2* mutants.

Online Content Methods, along with any additional Extended Data display items and Source Data, are available in the online version of the paper; references unique to these sections appear only in the online paper.

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Supplementary Information is available in the online version of the paper.

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Author Contributions C.T.M., R.K., V.L. and J.L. designed experiments. R.K., V.L., R.A., J.L., J.A., and C.T.M. performed experiments and analysed data. R.K., V.L. and J.L. performed tissue isolation and RNA-seq. A.W., R.K., V.L. and J.L. performed bioinformatics analysis. R.K., V.L. and R.A. performed short-term memory experiments. V.L. performed axon regeneration experiments. R.K., V.L. and C.T.M. wrote the manuscript. R.A. and A.W. contributed equally to this work.

Author Information Sequencing reads are deposited at NCBI BioProject under accession number PRJNA297798. Reprints and permissions information is available at www.nature.com/reprints. The authors declare no competing financial interests. Readers are welcome to comment on the online version of the paper. Correspondence and requests for materials should be addressed to C.T.M. (ctmurphy@princeton.edu).



METHODS

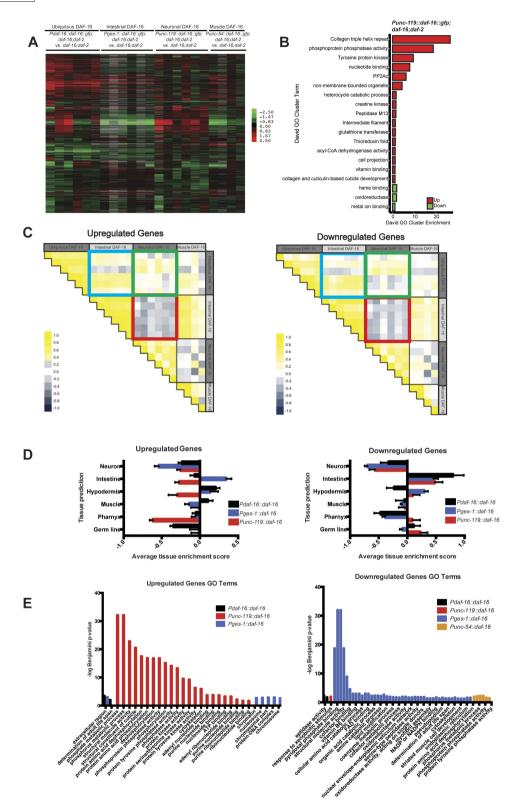
Adult cell isolation. Day 1 adult neuronally GFP-labelled worms (Punc119::GFP or Pmec-4::GFP) were prepared for cell isolation as previously described 15 with modifications (Extended Data Fig. 2). Synchronized adult worms were washed with M9 buffer to remove excess bacteria. The pellet ($\sim\!250\,\mu$ l) was washed with 500 μ l lysis buffer (200 mM DTT, 0.25% SDS, 20 mM HEPES pH 8.0, 3% sucrose) and resuspended in 1,000 μ l lysis buffer. Worms were incubated in lysis buffer with gentle rocking for 6.5 min at room temperature. The pellet was washed $6\times$ with M9 and resuspended in 20 mg ml $^{-1}$ pronase from Streptomyces griseus (Sigma-Aldrich). Worms were incubated at room temperature ($<\!20\,\text{min}$) with periodic mechanical disruption by pipetting every 2 min. When most worm bodies were dissociated, leaving only small debris and eggs, ice-cold PBS buffer containing 2% fetal bovine serum (Gibco) was added. RNA from FACS-sorted neurons was prepared for RNA-seq and subsequent analysis (see Extended Data for details).

No statistical methods were used to predetermine sample size. The experiments were not randomized, and the investigators were not blinded to allocation during experiments and outcome assessment.

Short-term associative memory assay. Memory assays were performed as described².

Axon regeneration assays. *In vivo* laser axotomy of PLM neurons was performed as described²².

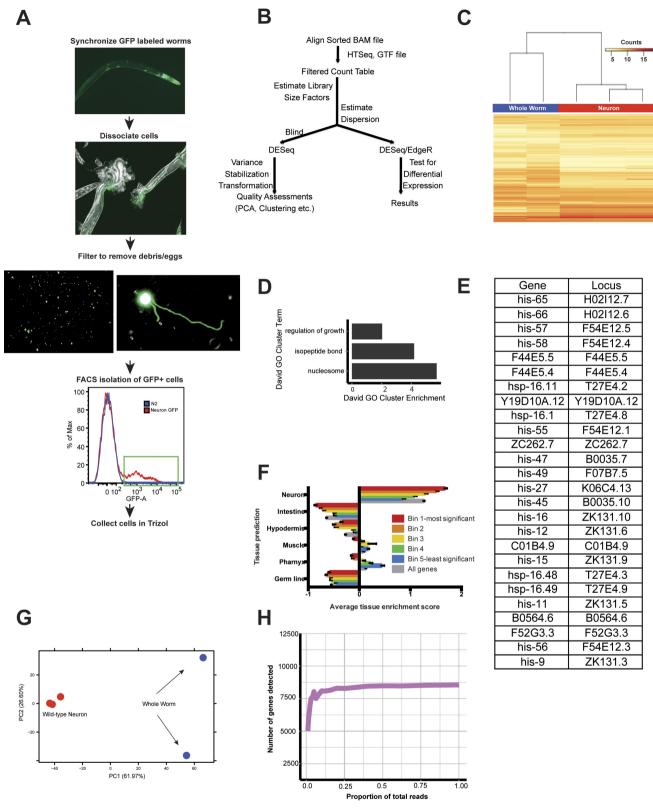
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Extended Data Figure 1 | Tissue-specific rescue of DAF-16 activity in daf-16; daf-2 mutants identifies distinct gene expression profiles.

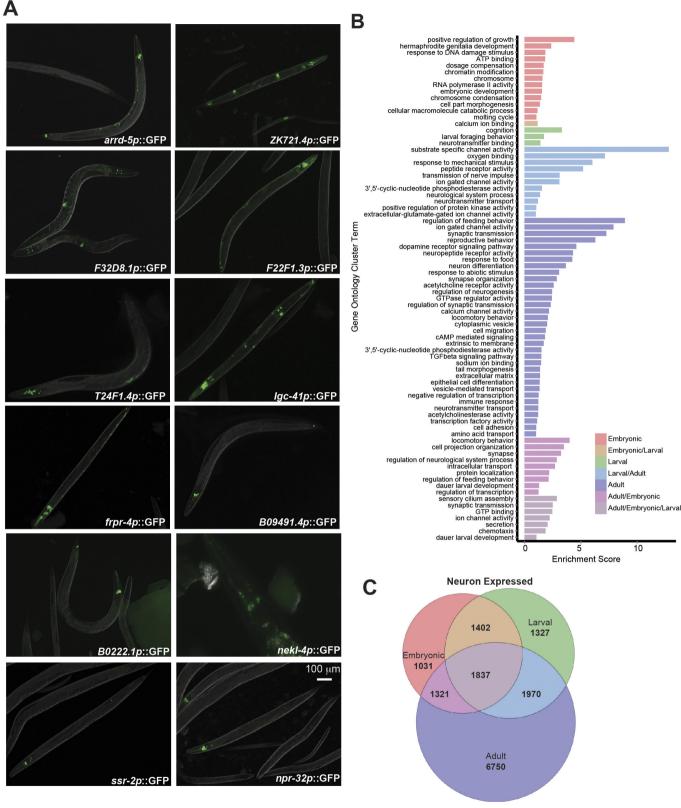
a, DAF-16 tissue-specific transgenics; heatmap of all genes with expression differences \geq 1.5-fold in \geq 3 arrays. b, Significant gene ontology (GO) cluster terms from Punc-119::daf-16-regulated up- and downregulated genes (enrichment score > 1). c, Pairwise Pearson correlations between arrays of DAF-16-upregulated or downregulated targets. The red box highlights the negative correlation between neuronal DAF-16 rescued targets (Punc-119::daf-16::gfp;daf-16;daf-2 vs daf-16;daf-2) and intestinal DAF-16 targets (Pges-1::daf-16::gfp;daf-16;daf-2 vs daf-16;daf-2), while the blue box shows the positive correlation between intestinal DAF-16 targets

(*Pges-1::daf-16::gfp;daf-16;daf-2 vs daf-16;daf-2*) and whole-worm DAF-16 targets (*Pdaf-16::daf-16::gfp; daf-16;daf-2 vs daf-16;daf-2*). The green box shows the weak correlation between neuronal rescued and whole-worm DAF-16 targets. **d**, Tissue enrichment analysis (mean \pm s.e.m.) of significant DAF-16-rescued up- and downregulated genes (Supplementary Table 1) (FDR <0.5). **e**, Significant GO terms (adjusted *P* value < 0.05) for DAF-16 upregulated and downregulated genes from whole worm, intestine-, neuron- and muscle-rescued DAF-16 strains. Genes used for GO analysis (Supplementary Table 2) were derived from SAM analysis of the microarrays in **a** and Supplementary Table 1.



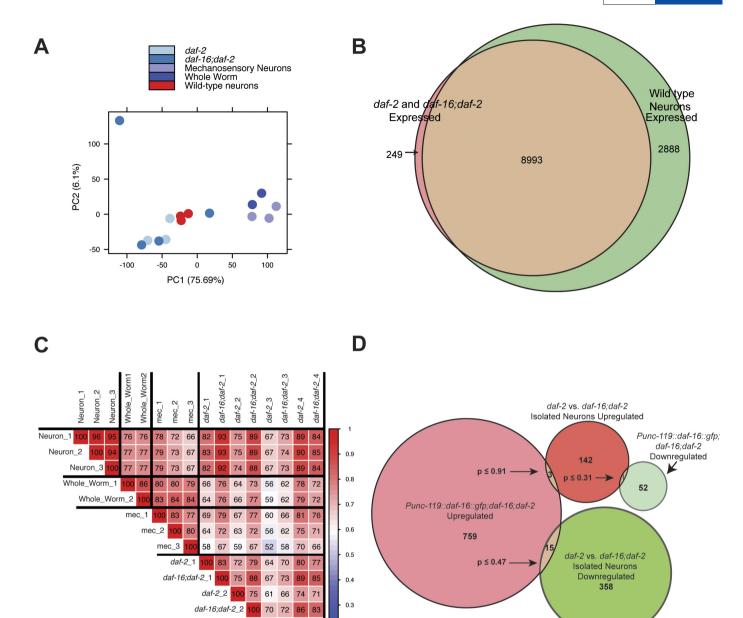
Extended Data Figure 2 | Protocol for isolating neuron-specific targets using FACS followed by RNA-sequencing. a, Pipeline for isolation of adult cells for FACS and RNA sequencing. b, Workflow for RNA-seq data analysis of isolated neurons. c, Heatmap of wild-type neuron-expressed relative to whole-worm-expressed genes. d, Actinomycin D (transcription inhibitor) treatment ($100 \, \mu g \, \text{ml}^{-1}$) during the cell isolation process demonstrates that the neuron isolation technique induces minimal transcriptional changes in wild type animals. Gene ontology (GO) terms represent genes upregulated in the absence of actinomycin D (Fig. 1b, Supplementary Table 4). e, The 26 differentially expressed genes from

actinomycin D treatment are listed. **f**, *C. elegans* tissue gene expression prediction confirms neuronal character of adult wild-type neuron-enriched genes. Neuron-enriched genes were divided among equal bins according to *P* value. Bin 1: FDR < 0.003%; bin 2: 0.003–0.03%; bin 3: 0.03–1.3%; bin 4: 1.3–4%; bin 5: 4–10%. **g**, Principal component analysis (PCA) shows a clear separation between wild-type adult neuronal and whole-worm samples. **h**, Downsampling of wild-type neuron sequencing reads demonstrates sufficient sampling depth. The number of genes detected at the 3 counts per million threshold (for expressed genes) with different proportions of total sequencing depth analysed.



Extended Data Figure 3 | Neuron-expressed genes identified by our method are confirmed to be expressed in adults and have adult neuronal functions. a, Promoter–GFP transcriptional fusions of candidate uncharacterized neuronal genes (day 1 of adulthood). b, Gene ontology clusters were generated from the categories in Fig. 1e. Non-overlapping GO terms suggest a transition from development-related processes in

embryonic and larval animals to neuronal processes involved in behaviour in adults (Supplementary Table 5). c, Venn diagram depicting the overlap between genes classified as "expressed" among embryonic and larval neurons ¹⁶ and adult neurons from our RNA-seq analysis (Supplementary Table 5).



Extended Data Figure 4 | Comparison of neuronal DAF-16 targets with wild-type neuronal targets and whole-worm DAF-16 targets.
a, Principal component analysis of the whole worm and isolated adult neuron samples obtained for this study. b, Venn diagram depicting the overlap of *daf-2-* and *daf-16;daf-2-* expressed genes with those expressed in wild-type adult neurons. c, Spearman correlation of whole-worm and isolated adult neuron samples. d, The DAF-16 cell-autonomous

63 66 65

2_3 <mark>100</mark> 72 daf-2 4 **1**00

daf-16;daf-2_4

daf-16;daf-2_3 100

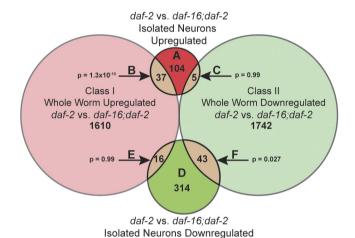
0.2

0.1

and cell-non-autonomous targets are distinct. The number of genes that overlap between neuronal DAF-16-rescued whole-worm targets (*Punc-119::daf-16::gfp;daf-16;daf-2 vs daf-16;daf-2*) and isolated neuron IIS targets (*daf-2 vs daf-16;daf-2*) is shown (Supplementary Table 8). Hypergeometric distribution analysis (*P* values) shows that the extent of overlap between the gene categories is not significant.

Group	Neuron IIS	Description	% DBE	% DAE
Α	Neuron IIS Upregulated	No Overlap with Whole Worm IIS	22.1	21.2
В		Overlap with whole worm IIS upregulated	43.2	21.6
С		Overlap with IIS whole worm downregulated	20	0
D	Neuron IIS Downregulated	No Overlap with Whole Worm IIS	28.2	15.1
Е		Overlap with whole worm IIS upregulated	25	18.8
F		Overlap with whole worm IIS downregulated	27.9	27.9

Whole genome occurrence: DBE 30.7%, DAE 20.8%



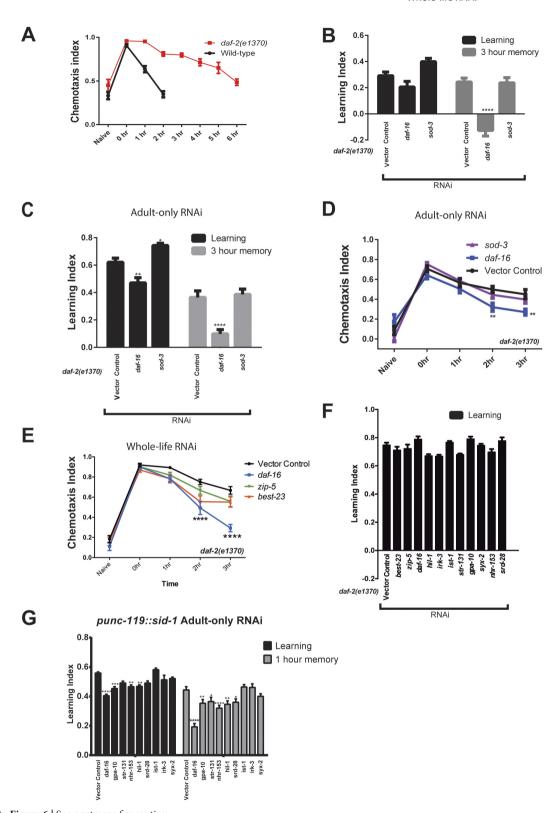
B **Upregulated Genes** oxidation reduction heme binding **Downregulated Genes** aging aging aging aging iron ion binding extracellular region electron carrier activity structural constituent of cuticle glutathione transferase activity response to abiotic stimulus positive regulation of growth embryonic development embryonic development
post-embryonic development
gastrulation
genitalia development
ATPase coupled activity
serine-type peptidase activity
epithelium development
vitamin B6 binding Gene Ontology Term Ontology Term lipid glycosylation oxidoreductase activity heat response lipid modification nucleoside binding non-membrane organelle mitochondrion lipid modification.
hormone activity.
cell surface receptor.
response to organic substance
G-protein coupled receptor.
behavior.
neuropeptide signaling.
DNA binding Whole worm Neurons organelle envelope immunoglobulin Whole worm tail morphogenesis Neurons 0.001 transcription factor -log Benjamini p-value 0.01 0.1 10 100 -log Benjamini p-value

Extended Data Figure 5 | Promoter analysis and gene ontology term analysis of neuronal IIS/FOXO genes. a, The different classes of neuronal IIS/FOXO genes shown in Fig. 2b were analysed for DBE and DAE sequences in the 1 kb upstream promoter regions. The genome-wide percentage of DBE and DAE occurrences across the 1 kb promoters of all

gene-encoding regions is reported. Comparison of whole-worm (Class I) 8 vs neuronal-IIS/FOXO-regulated targets. P values: hypergeometric distributions. \mathbf{b} , GO terms of Class I whole worm 8 vs neuronal-IIS upregulated genes (left) and Class II whole worm 8 vs neuronal-IIS downregulated genes (right) (Supplementary Table 5).



Whole-life RNAi

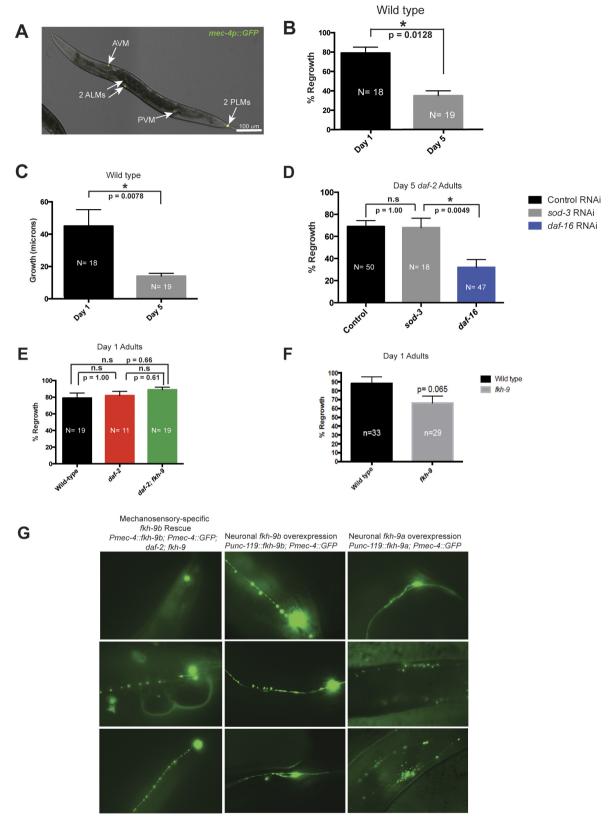


Extended Data Figure 6 | See next page for caption.

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Extended Data Figure 6 | Short-term associative memory phenotypes obtained upon knocking down neuronal IIS genes in *daf-2* mutants and wild-type animals. *daf-2* is required for various forms of *C. elegans* associative learning^{2,27,31-34}. *daf-16* is required for the improvements and extensions of abilities with age of *daf-2* mutants². *daf-2* mutants are defective for salt chemotaxis learning^{27,31,32}, and *daf-16* is not involved in salt chemotaxis learning^{27,31,32}. Furthermore, salt learning utilizes a unique *daf-2c* isoform²⁷ in a *daf-16*-independent manner³¹, suggesting a learning mechanism distinct from the associative memory paradigms studied here. We are specifically interested in understanding how activation of DAF-16 results in the improved and extended abilities of *daf-2* mutants to carry out olfactory associative learning², short-term associative memory^{2,34}, and long-term associative memory², all of which require *daf-16*. a, Chemotaxis index profile of wild type (N2) and *daf-2* animals at time points following memory training. b, RNAi knockdown of *sod-3*, a non-neuronal DAF-16-regulated target that influences lifespan, has no effect on the extended

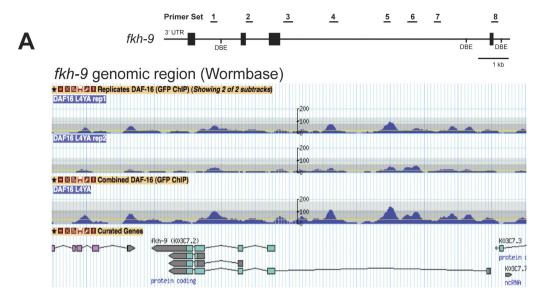
short-term associative memory (STAM) of daf-2 mutants when treated with RNAi-feeding bacteria throughout the whole life (**b**) or only the post-developmental (adult-only) period (**c**, **d**) of the animal. daf-2 worms treated with daf-16 RNAi have defective STAM, as previously reported². **e**, Knockdown of the neuronal IIS candidate genes zip-5 and best-23 does not affect STAM. Time-courses showing the chemotaxis index for each time point are shown in **d** and **e**. Learning indices are shown in **b**, **c**, **f** and **g**. **b**-**e**, Two-way repeated measures ANOVA, Bonferroni post hoc tests. **f**, Treatment of daf-2 worms with neuronal DAF-16 target RNAi does not affect short-term associative learning. **g**, Neuronal-RNAi sensitive worms (Punc-119::sid-1) in a wild-type background were treated only during adulthood with RNAi targeted against the neuronal DAF-16 target genes. Learning (0 h) and 1 h short-term associative memory time points are shown. **a**-**g**, Mean \pm s.e.m., *P<0.05, **P<0.01, ***P<0.001, ****P<0.0001.

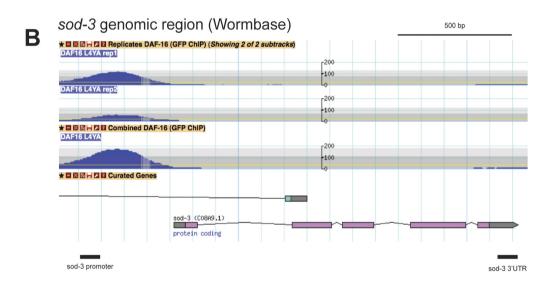


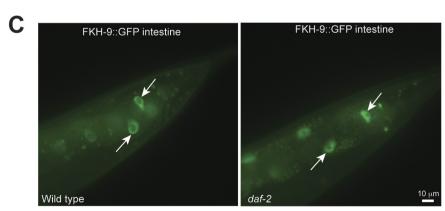
Extended Data Figure 7 | Characterization of age-dependent axon regeneration and structural defects upon fkh-9 overexpression in mechanosensory neurons. a, Six adult mechanosensory neurons labelled by mec-4p::GFP were isolated for RNA-seq. b, Axon length from the cell body to the site of injury was measured in μ m immediately after axotomy and 24 h later. Regenerative capacity of wild-type PLM axons declines from day 1 to day 5 of adulthood. c, Day 5 wild-type animals regrow axons that are significantly shorter than in day 1 animals. d, Axotomies of daf-2 mutants grown on vector control, sod-3, or daf-16 RNAi demonstrate that

sod-3, a lifespan-regulating DAF-16 target, does not influence the axon regeneration capacity of daf-2 worms at day 5 of adulthood. **e**, fkh-9 does not affect the regenerative capacity of daf-2 axons on day 1 of adulthood. **f**, fkh-9 is not required for axon regeneration in day 1 adults. **b**-**f**, Mean \pm s.e.m., Fisher's exact test, *P< 0.05. **g**, Overexpression of the a and b isoforms of fkh-9 in wild-type animals causes axonal structural defects. Rescuing fkh-9 activity in the mechanosensory neurons of fkh-9 mutants results in severe beading and degeneration of axons.



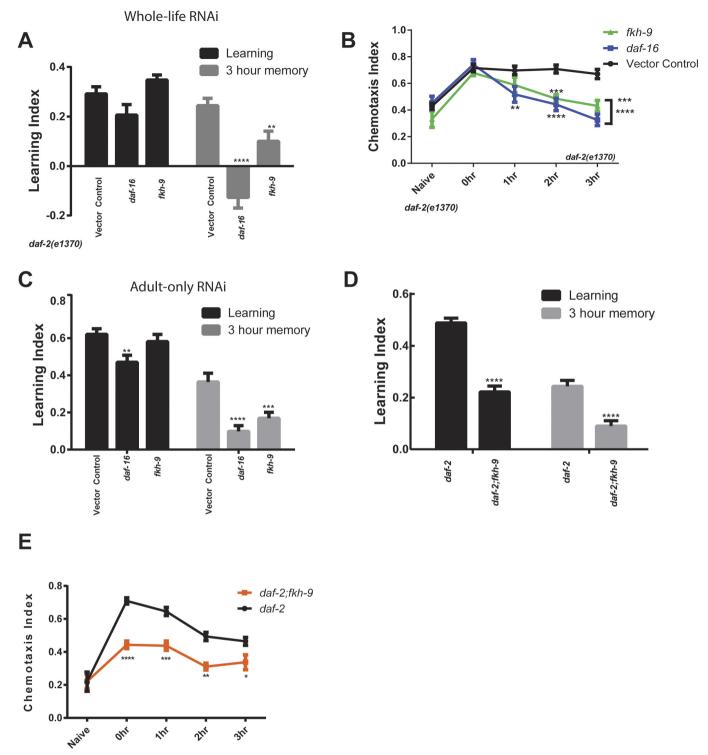






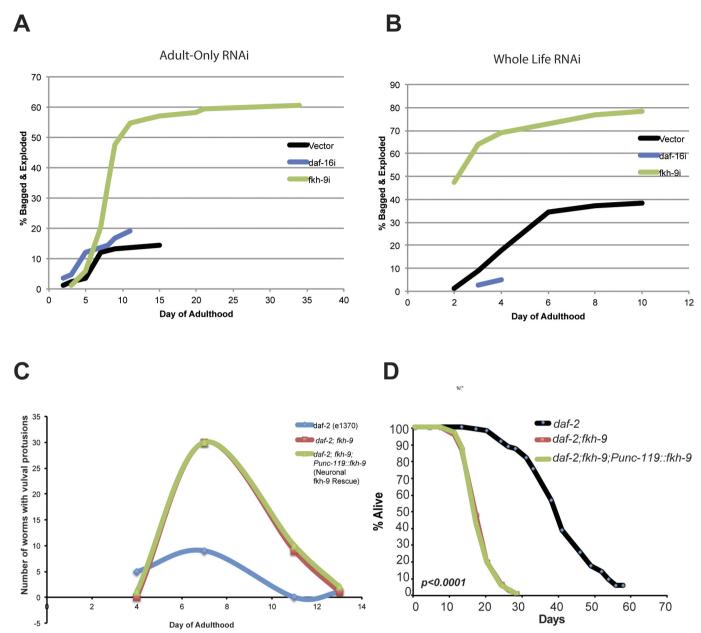
Extended Data Figure 8 | WormBase gene models for fkh-9 and sod-3 are shown with modENCODE data for DAF-16 ChIP-seq experiments. a, b, Wormbase (http://www.wormbase.org) gene models for fkh-9 (a) and sod-3 (b). Primer sets for ChIP-qPCR are depicted in a. c, Posterior

intestinal FKH-9–GFP expression is only modestly increased in daf-2 compared to wild-type animals expressing fkh-9p::fkh-9::gfp. N = 25 animals.



Extended Data Figure 9 | Knocking down fkh-9 via RNAi or using mutants reduces the enhanced short-term memory of daf-2 animals. a, b, Whole-life RNAi of fkh-9 reduces daf-2 STAM. c, RNAi knockdown of fkh-9 exclusively during adulthood results in reduced daf-2 STAM comparable to daf-16 RNAi-treatment. d, e, daf-2;fkh-9 mutants have

reduced learning (tested immediately following STAM training) and STAM compared to daf-2. Mean \pm s.e.m., *P < 0.05, **P < 0.01, ***P < 0.001, ***P < 0.0001. Time-courses showing the chemotaxis index for each time point are shown in $\bf b$ and $\bf e$. Learning indices are shown in $\bf a$, $\bf c$ and $\bf d$.



Extended Data Figure 10 | Neuronal FKH-9 is not required for the enhanced lifespan of daf-2 mutants. a, b, Adult-only (a) or whole-life (b) fkh-9 RNAi treatment increases matricide in daf-2 worms. The cumulative percentage of animals dead as a result of bagging and/or exploding was recorded every other day. Two biological replicates were performed, with a representative experiment shown. c, Neuronal rescue of fkh-9 in daf-2;fkh-9 animals does not diminish the rate of vulval protrusions with

age. $N \ge 60$ per conditions for each experiment. **d**, Neuronal rescue of fkh-9 does not restore longevity of the daf-2;fkh-9 double mutant. daf-2 median lifespan: 41 days, daf-2;fkh-9 20 days, daf-2;fkh-9;Punc-119::fkh-9;Punc-119::fkh-9;Punc-119::fkh-9, N = 112 worms per strain. Censor rate for daf-2 19%, daf-2;fkh-9;Punc-119::fkh-9 51%, daf-2;fkh-9;Punc-119::fkh-9 56%.